Worksheet A1: For learners who haven't set particular goals - Reflect on your progress

1.	What have you accomplished so far? Write down as many statements as you can		
	about what you have achieved and experienced so far. Questions a) to e) might		
	help you to think broadly.		
	a)	What can you do using Japanese (e.g. write and talk about the things I do daily in a monologue; manage daily casual interactions in Japanese; read a website that has furigana on the kanji using a dictionary)?	
	b)	What do you know (e.g. the rules of tense and negation; 65% of the vocabulary introduced in the textbook; how the writing system works)?	
	c)	What are some of the experiences that you have had while learning/using Japanese (e.g. met a range people with similar interests; developed an interest in something; hosted visitors from Japan)?	
	d)	What have you discovered about the process of learning and using Japanese?	
	e)	What have you discovered about people, societies and cultures while learning Japanese?	

2.	Consider the ups and downs of learning and using Japanese.		
	What have been the upbeat moments?		
	What have been the downbeat moments?		
3.	Consider the effort that you have put into learning Japanese so far.		
	 a) regular/sporadic? b) minimal/sufficient to achieve what you'd like to? c) as much as you'd like to/less than you'd like to/overdoing it 		
4.	If you are learning Japanese in a course, how much, if at all, do you use or observe Japanese being used outside the course program?		
5.	Given your situation (your stage of learning, classroom or independent learner, the amount of time you have to spend on Japanese, access to opportunities to use Japanese). What aspects of the progress you have made are you satisfied with and what aspects are you dissatisfied with.		